



Winter 2020 Newsletter

Health Professions Week

On November 19th, our STEMagineers Program celebrated National Health Professions Week at our partner school **Melody Elementary School** by bringing in Jolene Noel, Operations Manager from the Rush Fitness Center for a workshop on "Fitness, Health, and Happiness." She talked to the 1st-5th grade students about the importance of exercise for their health and well being. She also taught them some exercises and stretches they can do on their own. They learned about the various fitness careers and in particular about athletic trainers, who work with athletes and other individual to prevent, diagnose, and rehabilitate injuries from exercising.

We celebrated National Health Professions Week in several other ways. Our Outreach Program held a career panel at **Michele Clark High School** so students could learn about different healthcare professions and ask questions. Our Future Ready Learning Lab program at **Dett Elementary School** facilitated a presentation by a CVS pharmacist. We also featured five Rush employees from different healthcare careers on our social media to show our students and the community the variety of opportunities available.



Students at Melody learn new exercises they can do at home.

Our Students Get Hired and Accepted

Two of our students have been hired as part-time employees at Rush. Leoshay Dobbs was hired by Human Resources at Rush University Medical Center after interning there during the College Winter Session. Darrell Jackson was hired as a Student Nursing Assistant (SNA) by the Emergency Department at Rush Oak Park Hospital after interning there during the College Winter Session. Both students will work in these positions part-time to gain experience while they attend college.



Moriam Yarrow was recently accepted to the Health Systems Management Program in the College of Health Sciences at Rush University. She wants to pursue a Master of Healthcare Administration to impact people in a broader sense and influence policy and regulation that enhance patient care. She is interested in working in hospital operations and strategic planning and hopes to one day become a hospital executive.

"The REACH Program solidified me pursuing this Masters by connecting me with individuals in this role."

Interested in mentoring a high school student?

Apply to be a mentor!

We are now accepting mentor applications for our 2020 Mentoring Program. This is a college- and career-focused mentoring program running from June - December 2020. Mentors are paired up with rising high school seniors from our MedSTEM Pathways program to help them with the college application process, work on professional skills development, and explore different careers in healthcare.

Application are open now until March 1st. To apply, visit www.reachatrush.org/get-involved/.



Students Head to HOSA State Leadership Conference



Our HOSA participants from **North-Grand High School**, **Instituto Health Sciences Career Academy**, **Crane Medical Prep**, and **Dett Elementary School (HOSA Jr.)** are heading to the Illinois State Leadership Conference in Springfield at the end of March. During this 3-day conference, students will compete against other schools in a variety of healthcare-related categories, hear from keynote speakers, and attend an educational symposium. We are excited for our students to get the opportunity to connect with and learn from their peers.

Applications for Summer Programs NOW OPEN

Applications for our high school and college summer programs are now open! These programs take place on the Rush University Medical Center and provide hands-on, immersive experiences in healthcare. Preference is given to students who attend or attended one of our partner schools or who live in one of our Anchor Mission communities. These are great opportunities for students interested in STEM/healthcare who want to explore different career opportunities, learn skills necessary to succeed in these careers, and earn industry-recognized credentials. To learn more and apply, visit www.reachatrush.org/programs/.



Host a Student Intern

We are looking for individuals and departments to serve as preceptors and hosts for high school and/or college interns this summer. We provide all onboarding, payment, and support for managing interns. Our programs run for six-eight weeks from June-August. Hosting an intern is an invaluable way to get some help within your department while influencing the life and career path of an aspiring healthcare professional.

To learn more, you can visit our website www.reachatrush.org/get-involved/ or contact Nia Benton at nia_k_benton@rush.edu or (312) 942-3634.

Upcoming Events

CPS CTE Job Shadow Day Feb 5, 2020

We are hosting seven CPS students from the Career and Technical Education program to shadow healthcare professionals here at Rush University Medical Center this Wednesday. They will get to see first hand what it is like to work in a hospital and network with people in a variety of careers.

Community Workshop: Financial Aid 101 Feb 13, 2020

We are hosting a workshop about the undergraduate financial aid process and resources. This event is open to all parents, students, and community members. Come hear from representatives from Malcolm X College and ISACS. Register on our website.

Community Workshop: Mental Health Mar 19, 2020

We are hosting a workshop about mental health and wellness. This event is open to all parents, students, and community members. Representatives from Rush's School-Based Health Centers will present. Register on our website.

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